



ROBERT K. FOX FAMILY YMCA



YMCA REC PLEX: 1180 E. LOCUST ST. LANCASTER, OHIO 43130
740-277-7373

2021 YMCA GYMNASTICS REGIONAL CHAMPIONSHIPS

FRIDAY

XCEL PLATINUM

Report time:
Bar set/stretch:
Coaches Meeting:
Competition:

Session 1

ALL

4:00pm
4:10pm
4:25pm
4:35pm

62

SATURDAY

LEVEL 4

Report time:
Bar set/stretch:
Coaches Meeting:
Competition:

Session 1

CADET/PREP AGE GROUPS

7:50am
8:00am
8:15am
8:25am

58

SATURDAY

LEVEL 4

Report time:
Bar set/stretch:
Competition:

Session 2

JR/SR AGE GROUPS

11:00am
11:10am
11:25am

59

SATURDAY

LEVEL 5

Report time:
Bar set/stretch:
Competition:

Session 3

ALL

1:35pm
1:45pm
2:00pm

50

SATURDAY

XCEL GOLD

Report time:
Bar set/stretch:
Competition:

Session 4

CADET/PREP AGE GROUPS

4:15pm
4:25pm
4:40pm

50

SATURDAY

XCEL GOLD

Report time:
Bar set/stretch:
Competition:

Session 5

JR/SR AGE GROUPS

6:55pm
7:05pm
7:20pm

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SUNDAY LEVEL 8 Report time: Bar set/stretch: Coaches Meeting: Competition:	Session 1 ALL 7:50am 8:00am 8:15am 8:40pm	51
SUNDAY LEVEL 9/10 & XCEL DIAMOND Report time: Bar set/stretch: Competition:	Session 2 11:05am 11:15am 11:50am	34
SUNDAY LEVEL 7 Report time: Bar set/stretch: Competition:	Session 3 ALL 2:00pm 2:10pm 2:25pm	44
SUNDAY LEVEL 6 Report time: Bar set/stretch: Competition:	Session 4 CADET/PREP AGE GROUPS 4:25pm 4:35pm 4:50pm	41
SUNDAY LEVEL 6 Report time: Bar set/stretch: Competition:	Session 5 JR/SR AGE GROUPS 6:50pm 7:00pm 7:15pm	40

*****ALL AWARDS WILL BE DISTRIBUTED TO COACHES AND WILL BE GIVEN TO PARTICIPANTS IN THEIR HOME GYMS.*****



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AGE GROUPS

LEVEL 4	CADET	Birthdate 8/17/2010-12/22/2012
	PREP	7/18/2009-8/16/2010
	JR	5/11/2008-7/17/2009
	SR	7/1/2005-5/10/2008
LEVEL 5	JR	6/1/2008-7/28/2010
	SR	8/4/2005-5/31/2008
LEVEL 6	CADET	8/26/2008-2/24/2011
	PREP	9/30/2007-8/25/2008
	JR	12/9/2006-9/29/2007
	SR	7/4/2002-12/8/2006
LEVEL 7	JR	1/1/2006-6/8/2011
	SR	1/1/2003-12/31/2005
LEVEL 8	JR	8/2/2005-9/25/2009
	SR	6/18/2002-8/1/2005
LEVEL 9	ALL	
LEVEL 10	ALL	



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XCEL GOLD	CADET	10/6/2008-8/17/2010
	PREP	2/27/2007-10/5/2008
	JR	11/4/2005-2/26/2007
	SR	3/9/2003-11/3/2005
XCEL PLAT	JR	10/26/2005-12/20/2008
	SR	8/23/2002-10/25/2005
XCEL DIAM	ALL	